



27 July 2023



During the last quarter of the Port Adelaide and Collingwood game last Saturday night a relative of mine passed. He died of prostate cancer.

We all think we get to see the final score, but doesn't always work out like that.

It is estimated that a male has a 1 in 55 risk of dying from prostate cancer by the age of 85.

That is why the Gold Coast Turf Club (GCTC) should be commended for its Men Matter raceday being held this Saturday, 29th July. GCTC Chairman Brett Cook has been the driving force behind the men's health raceday which continues to grow year on year in support of Men's health charities Livin, Prostate Cancer and The Common Good.

"We are hoping to raise a record amount of funds for men's health this year as well as raise awareness for the men in our life to 'Man Up' and get their health checked on a regular basis," said Mr Cook.

"We know a lot of issues can be stopped in their tracks if we are all more proactive in facing men's health issues, whether they be physical, mental or any other."

Many of the ET Crew will be supporting the day on the Gold Coast. In fact, The Great Man, Mr Fivestar is sponsoring a race being the 7957th running of the time-honoured Brisbane Airport Hotels Group Handicap.

Now not everyone can be on track, but that doesn't mean you can't make a contribution. In fact, there is a very simple message for every reader. Buy a raffle ticket!!

There is a massive raffle associated with the day with prizes including a 2023 Skoda Octavia RS Wagon. For more information about the raffle and to buy a ticket or three [CLICK HERE](#).

We will all get taken from the field at some stage, but while we are on the park, make the most of every opportunity.

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Winners in Early Thoughts last week

Tipped by

Ingratiating
Taormina
St Lawrence
Mollynickers
Inasec
Release The Beans
Vodka Martini
Seleque
Orbisyn

The GM, The Magician
The Magician, Early Thoughts Edge
The GM, Best Around Australia
The Striker, Best Around Australia
The GM, Best Around Australia
Super Man, Best Around Australia
Winno
The GM
The Shadow

An advertisement for Pullman Brisbane Airport hotel. The left side shows a photograph of an outdoor swimming pool at dusk with lounge chairs and a modern building in the background. The right side is a dark background with white text and three gold award medals.

pullman
HOTELS AND RESORTS
BRISBANE AIRPORT

AWARDED BEST Airport
Hotel Australia/Pacific

WORLD AIRPORT AWARDS 2023
WORLD AIRPORT AWARDS 2022
WORLD AIRPORT AWARDS 2019

VOTED Top 10
Airport Hotels in the
World in 2023

Suncorp Stadium



Football Thoughts

NRL

- Storm v Eels +42.5 points
- Sharks +16.5
- Dolphins
- Cowboys

AFL

- Sydney 1-39
- Port Adelaide 1-39
- St Kilda

Feature Race Preview

The Lightning Stakes is a Listed race at Morphettville over 1050m.

Recent winners and lead-up race.

2022	Extremely Lucky SP \$4	1st BM72 \$1.40
2021	Beau Rossa SP \$3.90	10 th The Goodwood \$16
2020	Parlophone SP \$3.30	1 st 2yr Hcp \$11
2019	Assertive Approach SP \$3.30	1 st BM70 \$3.20
2018	Nature Strip SP \$1.50	1 st Creswick \$1.30
2017	Bandipur SP \$5	2 nd 2yr Hcp \$3

Good horses have kicked off their spring campaign here. Will Clarken has trained the last two winners and Todd Pannell has rode three of the last four winners. Favourites have had a very good record in recent years.

Early Thoughts Edge

No selections this week

Selections	Winners	Return	P/L
2	1	2.8	.8 profit

2-Bet Strategy

Morph R8 Exploring, La Danseuse Rouge

Single Selections

Randwick R8 Insurrection
Belmont R3 Goddess of Giving

Super Man's Place All Up

The Valley R4 Torranzino
The Valley R5 Milford
Randwick R9 Tazaral



Super Man's and The GM's Best Around Australia

Belmont R5 Duchess of Gossip; R6 Let'sdeal
Eagle Farm R4 Kanazawa; R6 Freedom Rally
The Valley R4 Torranzino; R9 Pereille
Morph R1 Surprise Coming; R2 Cold Case
Randwick R7 Mogo Magic; R8 Insurrection



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Early Thoughts Crew Selections

	<u>Feature Races</u> Lightning Stakes Morphettville	<u>Best Bets</u>	<u>Beat Value</u>
The Magician @earlythoughts	Outback Miss	Randwick R8 Insurrection Belmont R3 Goddess of Giving	Eagle Farm R9 Rejoiced Morph R8 The Valley R2 Outback Miss
Gerard Daffy <i>The Patron Saint</i>	Exploring	Bledisloe Cup Wallabies +15.5	
Winno's Winners	La Danseuse Rouge	Eagle Farm R1 Star Act R4 Kanazawa	Eagle Farm R7 Centre Bounce R9 Release The Beans
The GM <i>Loves the Punt</i>	Outback Miss	Eagle Farm R4 Kanazawa Randwick R8 Insurrection	Randwick R1 Infatuation R9 Stonecoat
Punters Pal	Outback Miss	Belmont R5 Duchess of Gossip Randwick R7 Mogo Magic	Randwick R5 Special Envoy R6 Plundering
Super Man <i>Beating the market</i>	Outback Miss	Belmont R6 Let'sdeal Randwick R7 Mogo Magic	Eagle Farm R1 He's For The Girls Morph R5 Peel The Stickers
The Striker <i>Always kicking goals</i>	La Danseuse Rouge	Randwick R6 Plundering	The Valley R6 Strawberry Rock
2023 Tipping Leaders	<u>Feature Race</u> 12 Winners Winno 11 Winners Super Man 10 Winners Punters Pal The GM The Magician 9 Winners Gerard Daffy	<u>Best Bet</u> 20 Winners The Magician 19 Winners Super Man Winno The GM 13 Winners Punters Pal	<u>Value</u> 8 Winners The GM Super Man 5 Winners The Magician Winno



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